

Spotlight Dance Academy Timetable Sept 2022 – July 2023

Day	Class	Age <small>These are a guideline, Children progress at their own pace</small>	Time	Studio	Cost per class	
MONDAY	★ Sun Jazz & Acro	6+	4.15 – 5.00	2	£4.60	★
	☾ Moon Jazz & Acro	8+	5.00 – 6.00	2	£6.20	☾
	★ Star Jazz & Acro	9+	4.15 - 5.30	1	£6.30	★
	Emerald Tap	10+	6.00 - 6.30	2	£3.10	
	Intermediate Jazz & Acro	Ability dep.	5.30 - 6.45	1	£6.30	
	Intermediate Tap	Ability dep.	6.50 – 7.20	2	£3.10	
	Advanced Tap	FULL Ability dep.	6.30 - 7.15	1/2	£4.60	
	Advanced Jazz.	FULL Ability dep.	7.20 - 8.20	1	£6.20	
	Advanced Acro*	Ability dep.	8.20 - 8.50	1	£2	
TUESDAY	Red Ballet and Tap	5+	4.15 – 5.15	1/2	£6.20	
	Blue Ballet and Tap	FULL 7+	4.45 – 5.45	1	£6.20	
	Purple Tap and Ballet	8+	5.15 – 6.30	2/1	£6.30	
	Building a Dancer**	Monthly class age 7+	6.45 – 7.45	2	See below**	
	Adult Tap	Beginners welcome	6.30 - 7.15	1	£5 or 5 for £20	
	Adult Ballet	Beginners welcome	7.20 - 8.20	1	£5 or 5 for £20	
WEDNESDAY	⚡ Lightning Jazz & Acro	4+	4.00 – 4.45	2	£4.60	⚡
	★ Sun Jazz & Acro	6+	4.45 – 5.30	2	£4.60	★
	Grade 2 Ballet	9+	4.30 - 5.30	1	£6.20	
	Beg. Pointe	Invitation only	5.35 – 6.05	1	£2	
	Orange Tap.	9+	5.35 – 6.05	2	£3.10	
	Grade 3/4/5 Ballet	Ability dep.	6.10 - 7.10	1	£6.20	
	Yoga	Adults (age15+)	6.30-7.15	2	£5 or 5 for £20	
THURSDAY	⚡ Lightning Jazz and Acro	4+	4.00 - 4.45	1	£4.60	⚡
	Advanced Ballet	Ability dep.	4.50 – 6.05	1	£6.30	
	Inter./Adv. pointe	Invitation only	6.15 - 6.45	1	£2	
	Advanced Contemporary	Ability dep.	7.15 - 8.15	1	£6.20	
FRIDAY	Dance and Play	Crawling – 2years	9.30 – 10.30	1	£3 per child	
	★ Star Contemporary	8+	4.15 - 5.15	1	£6.20	★
	Intermediate Contemporary	10+	5.15– 6.15	1	£6.20	
	Blue Dance Fusion	4+	4.15-5.00	2	£4.60	
	Purple Dance Fusion	9+	5.00-5.45	2	£4.60	
	Dance Fusion Inter./Adv.	11+	5.45-6.30	2	£4.60	
	Building a Dancer**	Monthly class age 7+	6.30-7.30	1	See below**	
SATURDAY	Mini movers	3-4	9.00 - 9.45	2	£4.60	
	Red Ballet and Tap	5-6	9.00 - 9.30	1	£6.20	
	Musical theatre		10.00-12.30	1/2/3	£14	
	🎭 Stage Lights	6+				
	👉 Follow Spots	10+				
📺 Flood Lights	Ability dep.					

* Acro Students must take the jazz class beforehand as this ensure dancers are fully warmed up

** BUILDING A DANCER Students wishing to take part must be signed up to 2 weekly classes at SDA. Classes take place on the last week of the month, unless this falls on a school holiday, in which case they will take place the last week of term. There will be no monthly class during February or August. First class (can join in any month) Price options: £27 includes starter pack 1 consisting of: progress folder, 2x yoga blocks, theraband, yoga mat, 1st Class. OR £12 includes starter pack 2 consisting of theraband, progress folder, 1st Class

£3.50 for each class taken thereafter (does not have to be every month but monthly participation will be the most beneficial), includes weekly progress pictures and/or stretch sheet to be added to folders